

# ‘SOLA 140’ OUTDOOR SAUNA



The ‘Sola 140’ Premium Outdoor Sauna brings contemporary design and restorative wellness into any outdoor space. Handcrafted from durable thermally modified spruce, it offers both strength and style, with a sleek rounded rectangular form that ensures even heat distribution.

Compact yet luxurious, it provides the perfect retreat for one or two people – ideal for gardens, courtyards, balconies, or rooftops. Its modern silhouette transforms smaller spaces into a private sanctuary, blending functionality with elegance.

Designed for those seeking comfort, relaxation, and a touch of architectural flair, the ‘Sola 140’ is the ultimate outdoor wellness experience in a compact form.

1800 737 777  
[support@sdsaustralia.com](mailto:support@sdsaustralia.com)  
[www.sdsaustralia.com](http://www.sdsaustralia.com)

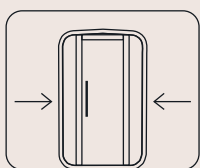
See more:







## KEY FEATURES



### **STREAMLINED FOR SMALLER SPACES**

The 'Sola' provides a luxurious yet compact solution, whether for a garden, balcony, or rooftop.



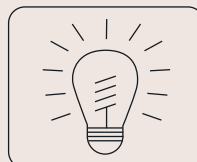
### **SIMPLE SAUNA INSTALLATION**

With pre-cut staves and cradles, you can build your Outdoor Sauna in a day, or let our team install it for you!



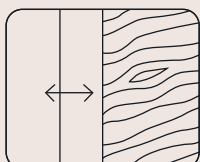
### **PREMIUM EUROPEAN CRAFTSMANSHIP**

The Sauna has been designed by expert European craftspeople, backed by years of experience.



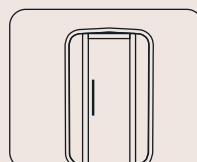
### **LIGHTING**

High-quality LED lighting is included and can be installed under the benches or behind the backrests, creating a serene and inviting atmosphere.



### **EXCEPTIONAL WALL THICKNESS**

40mm staves provide unmatched wall thickness for Australian saunas, ensuring superior heat retention, durability, and noise reduction.



### **STYLISH DESIGN**

With its rounded rectangular shape, the 'Sola 140' combines modern style with functional design for even heat.



Showroom Model

## 'SOLA 140' PREMIUM OUTDOOR SAUNA

### MATERIALS

Hexagonal  
Roof Shingles



Thermo-Spruce



Thermo Aspen  
Sauna Benches



CATAS  
CERTIFIED

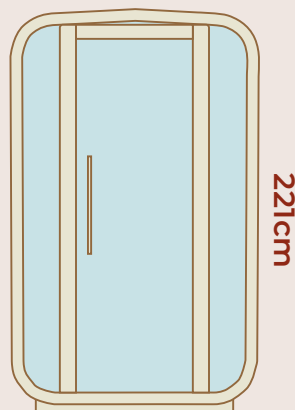
HIGHEST  
DURABILITY  
RATING

25+  
YEARS

ROT  
RESISTANCE

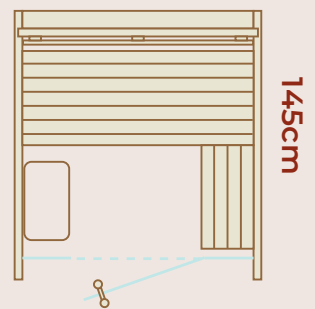
CLASS 1  
THERMO  
SPRUCE

133cm



221cm

133cm



145cm

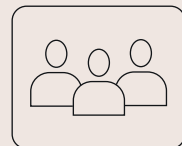
### DIMENSIONS

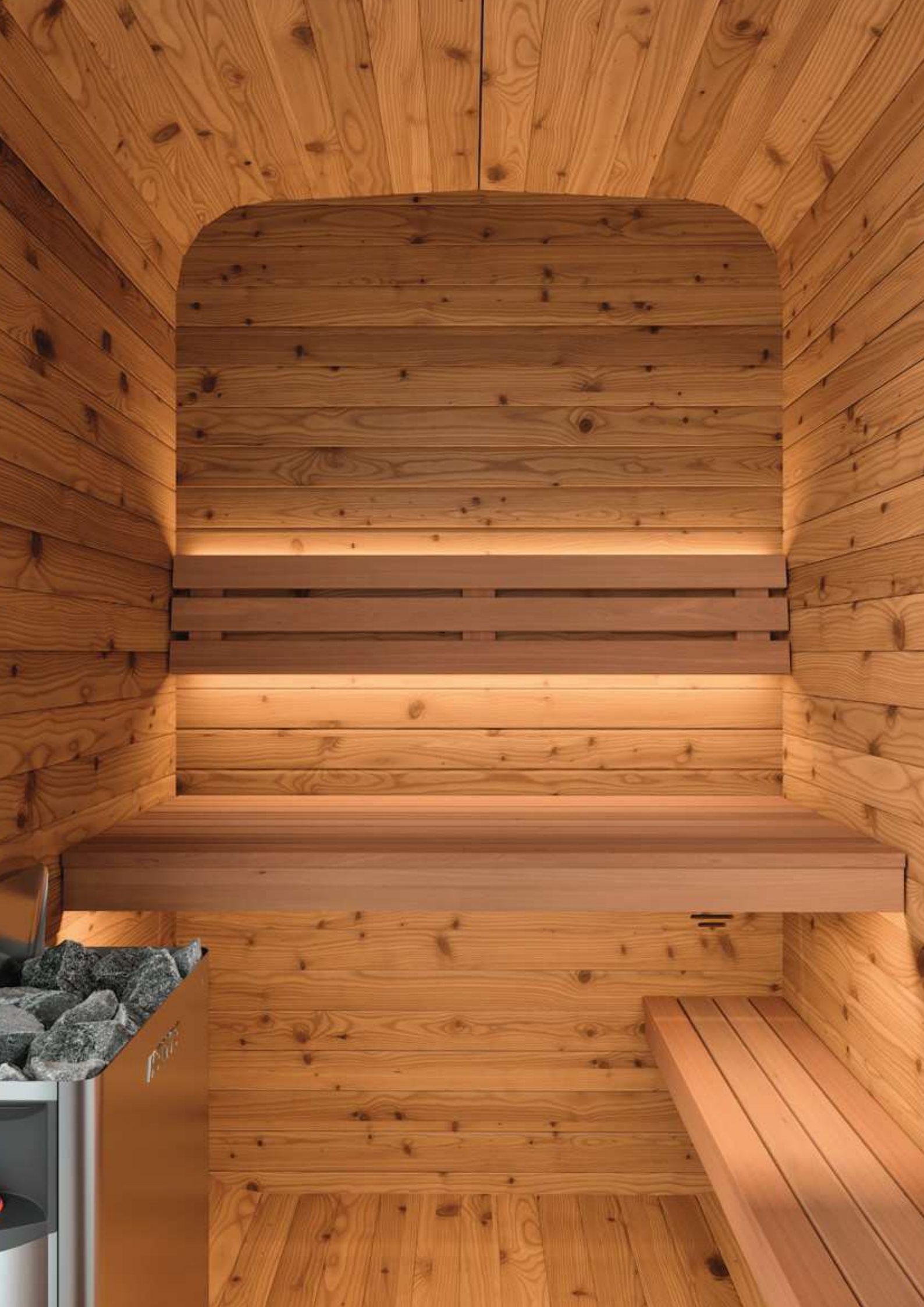
W1330 x D1450mm x H2210mm

Volume: 4 m<sup>3</sup>

### CAPACITY

2 Persons

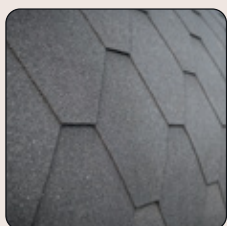




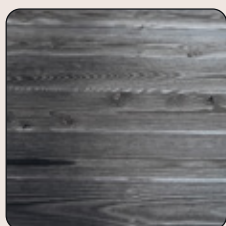
# 'SOLA 140' BLACK PREMIUM OUTDOOR SAUNA

## MATERIALS

Hexagonal  
Roof Shingles



Thermo-Spruce  
with Black Finish



**CATAS**  
CERTIFIED

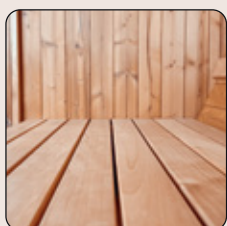
HIGHEST  
DURABILITY  
RATING

**25+**  
YEARS

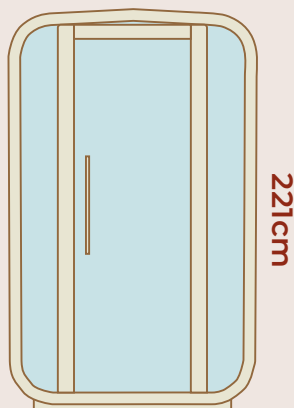
ROT  
RESISTANCE

**CLASS 1**  
THERMO  
SPRUCE

Thermo Aspen  
Sauna Benches

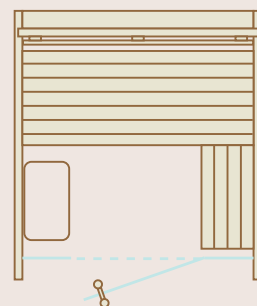


133cm



221cm

133cm



145cm

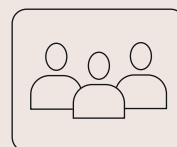
## DIMENSIONS

W1330 x D1450mm x H2210mm

Volume: 4 m<sup>3</sup>

## CAPACITY

2 Persons









**WHERE THE 'SOLA 140'  
SAUNA'S TIMBER COMES FROM**

**Aspen**

Responsibly sourced  
from sustainable forestry  
in Estonia and Latvia



**Spruce**

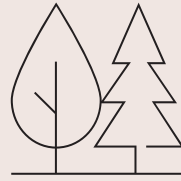
Responsibly sourced  
from sustainable forestry  
in Central Sweden and  
Central Finland



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SDS AUSTRALIA TAKES PRIDE IN USING TIMBER MATERIALS THAT MEET  
HIGH STANDARDS OF ENVIRONMENTAL SUSTAINABILITY. OUR SUPPLIER  
IS COMMITTED TO FINDING BALANCED SOLUTIONS FOR SMART WOOD  
PRODUCTION THAT MINIMISE ENVIRONMENTAL IMPACT.





Reducing the carbon footprint of a building is a major challenge for the entire construction industry. Manufacturers of building materials can play a major role by investing in product development, energy efficiency and renewable energy to ultimately reduce the environmental impact of their products. It is possible to produce sustainable materials, products and solutions with a smaller carbon footprint.

Thermally modified wood is a durable, chemical-free alternative to other building materials that can extend the life of timber products – helping to reduce environmental impact over time.

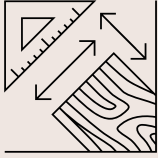


The mark of  
responsible forestry

## RESPONSIBLE TIMBER SOURCING

Our supplier carefully monitors where the wood comes from.

They only source the best quality wood from sustainably managed forests around the world. This helps reduce the negative impact of deforestation.



### STABILITY

Dimensionally stable  
in changing weather  
conditions.



### DURABILITY

Highest available  
durability class  
for real wood.



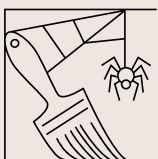
### ECO-FRIENDLY

Chemical-free  
modification.



### LIGHTWEIGHT

Easy handling and  
reduced thermal  
conductivity.



### LOW MAINTENANCE

Oil it or not,  
the choice is yours.



The heat enhances  
the wood's structure  
throughout.

Steam allows  
for full control over  
the modification  
process.



### THIS PROCESS IS COMPLETELY NATURAL

**Thermally modified wood** is natural – its properties are enhanced using just heat and steam. This chemical-free process results in an eco-friendly and aesthetically pleasing material that's significantly more durable and stable than conventional timber.





## VISIT OUR SHOWROOM

### **SYDNEY SHOWROOM**

Suite 1, 52 Alfred Street, Milsons Point

### **VIC SHOWROOM**

45 Longford Rd, Epping

## OUR FACTORY

### **NSW FACTORY**

3/26 Tom Thumb Ave,  
South Nowra

**SDS**  
**AUSTRALIA**

OVER  
**20**  
YEARS  
of Sauna Expertise

1800 737 777  
SUPPORT@SDSAUSTRALIA.COM  
WWW.SDSAUSTRALIA.COM